

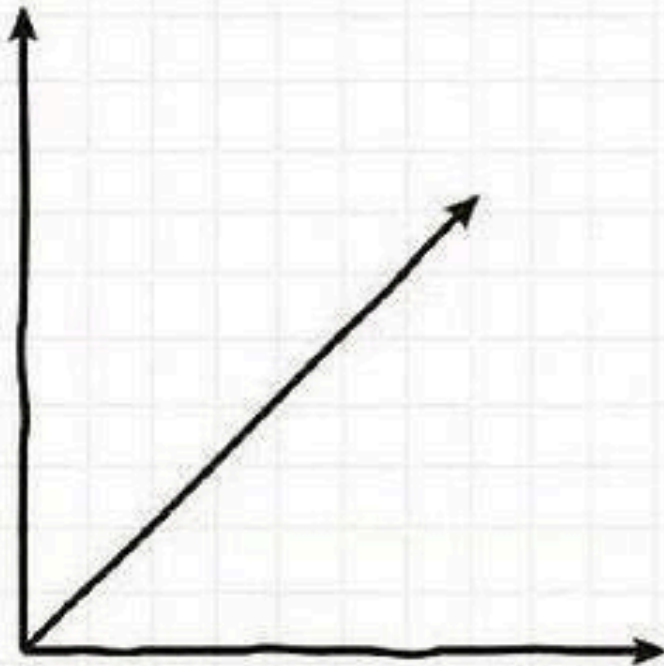
# God in the Mess

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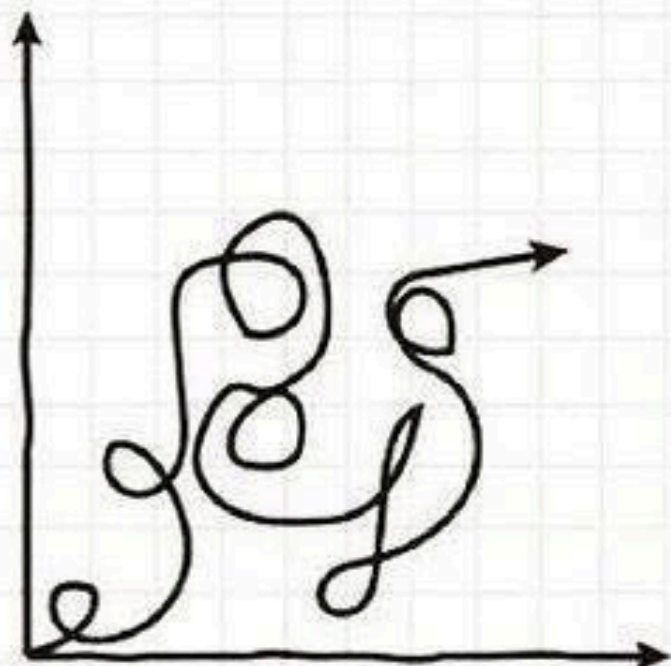
What do I do when I lose  
sight of God in my life...?

# Story of my life

@Secrets2Success

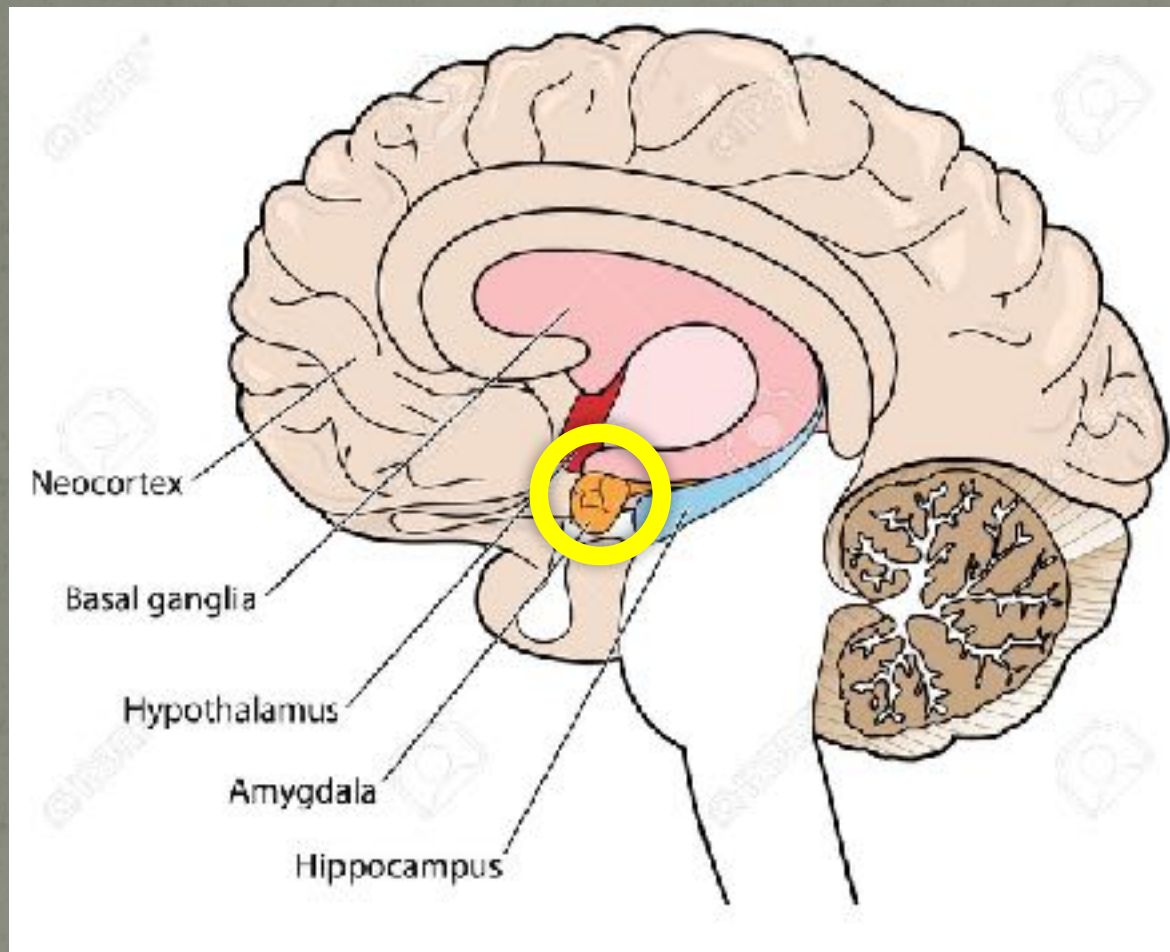


What I planned



What happened

# The Brain:



# Belief Systems



Life is Hard

Acknowledge  
the mess

## Psalm 13

“How long, O Lord? Will you forget me forever? How long will you hide your face from me? How long must I wrestle with my thoughts and everyday have sorrow in my heart? How long will my enemies triumph over me?...”

## Jeremiah 20 v 7

“O Lord, you have deceived me, and I am deceived; you overpowered me and prevailed...”

## Matthew 27 v 46

“My God, my God, why have you forsaken me...”

## John 16 v 33

“I have told you these things so that you may have peace. In this world you will have great trouble...”

## In the Mess...

- Sometimes God can seem distant
- We can lose perspective
- Can make us question where God is in our lives
- The “Why” Question can seem overpowering



# Pray

- Tell God how you are really doing.
- Don't be afraid to hurt God's feelings
- Don't be afraid to feel the pain

# Hold on to What Maintains perspective

- Find the verses for you that re-align your thinking .
- Remember that things always look worse when in Pain
- Understand what you're going through
- Melancholy Month

# Lean on God's People

- Talk to others about what's going on for you. (James 5 v 16)
- Allow others to care for you.
- Don't be afraid to ask.

# Remember who you are!

“For we are to God the aroma of Christ among those that are being saved and those that are perishing.”

2 Corinthians 2 v 15

“Having believed, you were marked in him with a seal, the Holy Spirit, who is a deposit guaranteeing your inheritance.”

Ephesians 1 v 13-14.

“For I am convinced that neither death nor life..., nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.”

Romans 8 v 38-39

“No, in all these things we are more than conquerors through him who loved us.”

Romans 8 v 37

Remember who you are!

“For you know that it was not with perishable things such as silver or gold that you were redeemed from your empty way of life handed down to you from your forefathers, but by the precious blood of Christ, a lamb without blemish or defect.”

1 Peter 1 v 18-19